



# 15 Early Warning Signs of Mesothelioma

Asbestos exposure can lead to serious, fatal diseases including mesothelioma, a rare form of cancer. Mesothelioma often takes a long time to develop—symptoms can take 20 to 50 years to appear. If you were exposed to asbestos decades ago, you may just now be experiencing some of the early warning signs.

If you worked in any of the following occupations or have experienced any of the symptoms below, it is important to share this information with your doctor as soon as possible. You may be at risk for mesothelioma or another asbestos-related disease.

**If you served in the military or worked in any of these occupations, you may be at risk:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Auto mechanic       | <input type="checkbox"/> Machinist           | <input type="checkbox"/> Railroad worker   |
| <input type="checkbox"/> Construction worker | <input type="checkbox"/> Oil refinery worker | <input type="checkbox"/> Shipyard worker   |
| <input type="checkbox"/> Firefighter         | <input type="checkbox"/> Pipefitter          | <input type="checkbox"/> Steel mill worker |
| <input type="checkbox"/> Foundry worker      | <input type="checkbox"/> Plumber             | <input type="checkbox"/> Welder or Forger  |

**Since your last doctor's visit have you had any of these symptoms? Check all that apply.**

- |   |   |
|---|---|
| <input type="checkbox"/> A mass in the abdomen                                  | <input type="checkbox"/> Fatigue  |
| <input type="checkbox"/> Abdominal swelling                                     | <input type="checkbox"/> Hoarseness                                       |
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Lower back pain                                  |
| <input type="checkbox"/> Ascites<br>(abnormal build up of fluid in the abdomen) | <input type="checkbox"/> Persistent cough                                 |
| <input type="checkbox"/> Bowel obstruction                                      | <input type="checkbox"/> Pleural effusion<br>(fluid surrounding the lung) |
| <input type="checkbox"/> Chest pain   | <input type="checkbox"/> Shortness of breath                              |
| <input type="checkbox"/> Chills and fever                                       | <input type="checkbox"/> Wheezing   |
| <input type="checkbox"/> Decreased appetite, weight loss                        |   |



To find out more about mesothelioma, visit: [www.MesotheliomaHelpNow.com](http://www.MesotheliomaHelpNow.com). Be sure to download the mesothelioma patient booklet and find answers to questions you may not even know to ask if you have been, or become diagnosed with mesothelioma, including:

- How did I get mesothelioma?
- What can I do after diagnosis?
- How can I find the best care possible?
- What questions should I be asking my doctor?

Need additional information, please call our Claim Advocates at **855-247-5595**. We're here to help—now.



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